

Spin Cycle - Our Opinion...On Opinions

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SPEAKERS

Deana Thayer, Kira Dorrian, Future Focused Parenting



Future Focused Parenting 00:03

Welcome to Raising Adults, the groundbreaking parenting podcast that starts with the end in mind. We're your co-hosts, Deana Thayer, and Kira Dorrian. We created Future Focused Parenting to take families from surviving to thriving. So join us as we help you stop raising kids and start Raising Adults.



Kira Dorrian 00:26

Well, hi FFPs, our Future Focused Parents. Thanks for joining us in the laundry room and under the stairs coat closet for another just quick spin cycle. And today, we really just wanted to talk a little bit about something you're going to notice over the next couple of months, which is that we've got a lot of guests. Like more than usual, which is really exciting because guests bring something so special to our show. And you know, they really give us a chance to either flesh out stuff that we've already talked about with some other perspectives, other pieces of research and information. Or oftentimes guests come to the table to talk about something that Deana and I feel like, you know what, we don't actually have expertise on that. And we have some amazing guests coming down the pipeline. Hopefully, you've already had a chance to listen to Brandon's episode this week talking about fatherhood, and how he helps people become fantastic dads, we have an expert on infant sleep and safe sleep practices for infants coming on the show, we've got a guy coming on named Richard who wrote a book all about alcohol and drug addiction and how we can keep our kids safe and really have the conversations that we need to make

sure that they are healthy and well. And also what to do if we start to see them kind of dipping their toes into the waters of drugs and alcohol. We have a guest coming on the show who's going to talk all about kids and procrastination; how do we get kids to stop procrastinating? There's so many fabulous topics coming down our pipeline. But we did just want to come on today and talk a little bit about what we think about that. So Deana, do you want to tell everybody why we're even bothering to come on air today?

D

Deana Thayer 01:57

Yeah, and I think this is so true. I mean, part of it is it's exciting, we're gonna get to hear from some people who really bring some knowledge to the table, maybe in areas you and I haven't covered yet, or where we don't, like you said, quite have that same level of expertise. And I think that's exciting. But because these are hot button issues, I think the other thing that it brings up is you as our listeners, we care about you. And we want to just acknowledge that when we have guests with various knowledge bases, they may share some data, some research, or even some of their own experiences around these topics. And you might find you're not really sure you agree. I mean, I know that I can probably expect that Richard might say a thing or two Kira isn't going to love just because of our own drugs and alcohol episode, and talking about kids and substance abuse and, and that might happen for you too. And so we just felt it was really important to address. So you might see maybe a TV show, for example, where you'll hear at the end, like, the views expressed do not necessarily reflect the views of this station. So this is sort of like that, but rather than us saying, hey, it doesn't necessarily reflect the views of the station, we want to encourage you that it doesn't necessarily have to reflect where you are. One of the things Kira and I really, I think, pride ourselves on is that we're going to give you ideas in our show about here's how we did it. Here's another way you could do it. But always with the goal of hey, now you find out how your family does it. And we just want to remind you that that is still the case, even when an expert comes on. Even when they've got data behind them. We really still are about you being first and foremost. We want you to be future focused, of course, that's our platform. But secondly, it's got to work for your family. And so we just felt it was really important to kind of highlight that, make sure you feel safe and protected. This is a space where we care about you as our audience and we never ever want to jeopardize that.

K

Kira Dorrian 03:52

Absolutely. Well said Deana, thank you for putting that so articulately as always. Well, listeners, that's it. That's it from us. We just wanted to make sure that you know as you kind of dive into this sort of guest heavy season with us that as you're learning, you're also making sure that you're keeping in check what, what feels right for you, and doing always

first and foremost what feels right for your family and fits your family. So we hope you enjoy the upcoming guests, and the episodes that are just Deana and I. There's just a lot of cool stuff coming down the road. So we hope you'll stick with us and thanks for being with us today.



Future Focused Parenting 04:23

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